

Brown County Area



Senior Services Directory

United Way of the
Brown County Area

United
Way



This Resource Directory represents the first effort of collecting and organizing the many services provided by agencies throughout the county. Every effort was made to locate as many as possible. If something has been omitted please contact United Way of the Brown County Area. Our next effort will be placing the directory on strategic websites, with the United Way serving as the primary host; to organize presentations at informational forums; and to have directories available at key locations.

Some of the area's key providers referenced in this directory are listed below.

Oak Hills Living Center
New Ulm Medical Center and Allina Hospital
Brown County Human Services
CAST and CASTLE
New Ulm EDA (New Ulm's housing authority)
United Way of the Brown County Area

This publication is a project of the Senior Needs Collaborator Committee (Allina, Brown County Human Services, CAST, New Ulm EDA, Oak Hills and United Way)

For additional copies of this publication please contact:

United Way of the Brown County Area, Inc.

PO Box 476, New Ulm, MN 56073

phone: 507-354-6512

website: unitedwaybrowncountyarea.org

Table of Contents

Adult Day Services	1
Advance Care Planning	1
Affordable Housing	1-3
Assisted Living/Customized Living Services	3-4
Downsizing/Relocation Services	4
Education Opportunities	4-5
Financial Resources	5-6
Fitness.	6
Home Health Agencies: Nursing Staff, Home Health Aids, Homemakers/Chore Services	7-8
Hospice Care	9
Information & Reporting Services	9-10
In-Home Services	10
Meals/Food Assistance/Grocery Delivery	10-12
Medical Equipment & Supply Providers	12-13
Memory Care/Alzheimer’s Facility	13-14
Mental Health	14
Nursing Homes	15
Personal Care Attendants	15
Pharmacies/Prescription Delivery	15-16
Senior Centers	16-17
Senior Housing	17
Senior Needs Assessment/Rehabilitation Services	18
Support Groups	18-19
Telephone Medical Alert System	20
Transportation	20-21
Visiting Services	21
Volunteering	21
Frequently Asked Questions	24

Adult Day Services

Volunteers of America

Daytime social activities and respite care program (Mon-Fri)

Bright Days at Sleepy Eye Adult Day Services, 313 4th Ave SE, Sleepy Eye

Phone: 507-794-5600

website: brightdaysatsleepyeye.org

MRCI EASE Program

Day Service Support– EASE

phone: 507-386-5600

website: mymrci.org

Advance Care Planning

New Ulm Medical Center, Social Worker

Can complete online then make appointment with social worker to review.

1324 5th Street North, New Ulm, MN 56073

phone: 507-217-5078, Appt: 507-217-5011

website: newulmmedicalcenter.com

Affordable Housing

Broadway Haus Apartments (40 subsidized units)

300 North Broadway Street, New Ulm, MN 56073

phone: 507-359-8227

Cottonwood Ridge Apartments on St. John's Campus

24 units Income based for 62+

712 East Cottonwood Street, Springfield, MN 56087

phone: 507-723-4500

Halter Common Apartments (multi-family)

1915 North Spring Street, New Ulm, MN 56073

Phone: 800-676-6505

website: lifestyleinc.net

New Ulm EDA Housing phone: 507-359-8227

Sleepy Eye EDA phone: 507-794-5636

Affordable Housing

Emerson Union (income based)

15 N. State Street, New Ulm, MN 56073

Phone: 507-359-3480

website: lloydmanagementinc.com

Hanska Haus (elderly& multi-family)

Must be 62+ or disabled to qualify

102 1st Street W, Hanska, MN 56041

Phone: 507-451-8524

Linderhof Park Apartments (subsidized)

1100 16th Street North, New Ulm, MN 56073

Phone: 507-354-5964

website: rentwitholiver.com

Riverview Estates Townhomes (low income)

2412-2418 North Broadway, New Ulm, MN 56073

Phone: 507-359-2694 or 320-212-8524

website: riverviewapartmentliving.com

Ross Park Apartments (subsidized)

313 4th Avenue SE, Sleepy Eye, MN 56085

phone: 507-794-5101

Security Management -Downtown Estates, River Bluffs-Springfield

phone: 507-327-2172

Skyline Terrace

2107 Highland Ave , New Ulm, MN 56073

Phone: 507-354-0312

Website: lloydmanagementinc.com

St. Michael's Apartments

Income based for 62+ and adults with disabilities

500 North State Street, New Ulm

phone: 507-354-4017

Sunset Apartments (subsidized)

1610 Sunset Avenue, New Ulm, MN 56073

phone: 507-354-6617

Affordable Housing

Sunrise Manor (subsidized)

500 Remmele Street SW, Sleepy Eye, MN 56085

Phone: 507-794-9631

website: properties.commonbond.org

Cedar Manor Apartments - Life Style Inc. (16 subsidized units)

10 West Maple Street SW Springfield, MN 56087

phone: 800-676-6505

website: lifestyleinc.net/cedarmanor.asp

Assisted Living/Customized Living Services

Ridgeway on 23rd

720 23rd North, New Ulm, MN 56073

phone: 507-354-7000

website: ridgewaynewulm.org

Ridgeway on German

715 South German Street, New Ulm, MN 56073

phone: 507-354-7400

website: ridgewaynewulm.org

Orchard Hills Catered Living

1223 Karl Drive, New Ulm, MN 56073

phone: 507-354-2159

website: wtohddevelopment.com

Oak Hills Assisted Living Center

1314 8th North Street, New Ulm, MN 56073

phone: 507-359-3100

website: oakhillsnewulm.com

Oakview Apartments (16 subsidized units)

at Oak Hills Living Center

1316 8th North Street, New Ulm, MN 56073

Phone: 507-233-0818

website: oakhillsnewulm.com

Assisted Living/Customized Living Services

Countryside Retirement Community

1100 First Avenue South , Sleepy Eye, MN 56085
phone: 507-794-3200

Sleepy Eye Area Home Health at Ross Park

Office - 1100 1st. Ave. South, Sleepy Eye, 56085
phone: 507-794-3594

The Maples at St. John

301 South County Road 5, Springfield, MN 56087
phone: 507-723-3250
website: sjlhome.com

Woodstone Senior Living Community

2020 Meyer Drive, New Ulm, MN 56073
phone: 507-359-3355
website: woodstoneseniorliving.com/new-ulm

Downsizing/Relocation Services

Southern Minnesota Moving Company

phone: 507-276-5821

Education Opportunities

AARP Smart Driver Safety Course

This once a month 4 hour refresher course is usually every fourth Wednesday morning. Call for more information.
phone: 507-354-3212

CASTLE Lifelong Learning

New Ulm Community Center - 600 North German Street, New Ulm, MN
phone: 507-354-3212
website: newulmseniors.org

Community Education

New Ulm 507-233-8307
Sleepy Eye 507-794-7873
Springfield 507-723-4284

Education Opportunities

Libraries

New Ulm 507-359-8331
Sleepy Eye 507-794-7655
Springfield 507-723-3510
Hanska 507-439-6248
Comfrey 507-877-6600

The Grand Center for Arts

210 North Minnesota Street, New Ulm, MN 56073
phone: 507-359-9222
website: thegrandnewulm.com

Financial Resources *(assistance in enrolling)*

Brown County Human Services

MA (Medical Assistance), SNAP/Food Support, Emergency Assistance
1117 Center Street, New Ulm, MN 56073
phone: 507-359-6500 or 1-800-450-8246
website: co.brown.mn.us

CLUES

MNSure enrollment for Hispanic individuals
email: info@clues.org
phone: 952-378-7989 website: clues.org

LSS Financial Counseling

Financial counseling services include Budget Counseling, Credit Report Reviews, Debt Management Plans, Student Loan Repayment Counseling, Housing and Reverse Mortgage Counseling.
phone: 888-577-2227 for a free appointment
website: LSSFinancialCounseling.org

Minnesota Valley Action Council

Energy Assistance, Senior Employment Program,
SNAP (Supplemental Nutrition Assistance Program) outreach specialist
1618 S. Broadway, New Ulm, MN 56073 (Workforce Center)
phone: 507-354-3138 or 1-800-767-7139
website: mnavac.org

Financial Resources *(assistance in enrolling)*

Senior Linkage Line

Health Insurance/ Medicare Counseling
phone: 800-333-2433
website: mn.gov/senior-linkage-line

New Ulm Medical Center

Certified MNSure Application Counselor
1324 5th Street North, New Ulm, MN 56073
phone: 507-217-5000
website: newulmmedicalcenter.com

Fitness

Anytime Fitness

512 1st South Street, New Ulm, MN 56073
phone: 507-354-0700 website: anytimefitness.com

Anytime Fitness

128 Main Street East, Ste. B, Sleepy Eye, MN 56085
phone: 507-794-2424 website: anytimefitness.com

Anytime Fitness of Springfield

220 East Maple Street, Springfield, MN 56087
phone: 507-723-8199 website: anytimefitness.com

New Ulm Recreation Center

122 South Garden Street, New Ulm, MN 56073
phone: 507-359-8347 website: ci.new-ulm.mn.us

Snap Fitness

319 North Front Street, New Ulm, MN 56073
phone: 507-359-8888 website: snapfitness.com

Healthways SilverSneakers® Fitness Program

Designed especially for older adults who want to improve their strength, flexibility and endurance. Involvement in the program encourages members to make healthy choices and commit to making physical activity a part of their lives. For more information contact one of the participating locations listed in this publication.

Home Health Agencies: Nursing Staff, Home Health Aids, Homemakers/Chore Services

** Medicare Certified Agencies*

Aging Services for Communities (*homemaker only*)

phone: 507-364-5663

website: aging-services.org

***Allina Home Care and Hospice New Ulm Medical Center**

phone: 507-217-5555

website: newulmmedicalcenter.com

Carris Health—Redwood Falls

Redwood Pavillion, 1110 E Bright Street, Redwood Falls, MN 56283

Phone: 507-637-4579

Divine Home Care

321 East Chestnut, Redwood Falls, MN 56283

phone: 507-637-2600

Website: divinehomecare.com/redwoodfalls.office

Golden Home Care Plus, Inc.-New Ulm

phone: 507-359-2756

website: ghcpinc.com

***Good Samaritan Society - St. Peter** (*serves only New Ulm in Brown County*)

phone: 866-931-0949

website: good-sam.com

International Quality Home Care

1750 Commerce Drive, North Mankato, MN 56001

phone: 877-461-4742

Website: internationalquality.com

Leading Choice Home Helpers (private pay)

657 3rd Ave NW, Sleepy Eye, MN 56085

phone: 507-766-5150 or 507-227-1497

LSS Respite Services (In Home)

phone: 800-488-4146

website: caregiversupportandrespite.org

Home Health Agencies: Nursing Staff, Home Health Aids, Homemakers/Chore Services

** Medicare Certified Agencies*

LDR Home Care

313 4th Street, Courtland, MN 56021

phone: 507-359-3510

website: ldrhomecare.com

MBW Company Home Care Services (No elderly waivers)

1200 South Broadway, New Ulm, MN 56073

phone: 507-354-3808

website: mbwcompany.com

MN Comfort Care, LLC.

119 Main Street East, Sleepy Eye, MN 56085

phone: 507-766-9783 or 507-227-2798

Website: MNComfortCare.com

MBW Company Home Care & Support Services (private pay)

phone: 507-233-3030

Prairie Senior Cottages of New Ulm Respite Care

1304 Birchwood Drive, New Ulm, MN 56073

phone: 507-359-3520

website: prairieseniorcottages.com

Sleepy Eye Area Home Health (only at Countryside and Ross Park)

1100 1st Avenue South, Sleepy Eye, MN 56085

phone: 507-794-3594

Visiting Angels (private pay)

15 S. Minnesota Street, New Ulm, MN 56073

phone: 877-618-4748 or 507-388-6610

website: visitingangels.com/mankato

Hospice Care

Allina Home Care and Hospice New Ulm Medical Center

phone: 507-217-5555

website: newulmmedicalcenter.com

Compassionate Care Hospice-Worthington

phone: 877-372-7003

website: cchnet.net

Redwood Falls Hospice Care

phone: 507-637-4500

website: redwoodareahospital.org

Divine Hospice Care

321 East Chestnut Street, Redwood Falls, MN 56283

phone: 507-637-2600

Website: divinehomecare.com/redwoodfalls.office

St. Croix Hospice-Mankato

phone: 507-779-7227

website: stcroixhospice.com

Information & Reporting Services

Brown County Human Services

1117 Center Street, New Ulm, MN 56073

phone: 507-359-6500 or 1-800-450-8246

website: co.brown.mn.us

Minnesota Adult Abuse Reporting Center

State-wide common entry point available 24/7

phone: 844-880-1574

website: mn.gov/dhs/reportadultabuse

MinnesotaHelp.info

Online information links for seniors

website: MinnesotaHelp.info

Information & Reporting Services

Senior Linkage Line 1-800-333-2433

FREE information and referral service for your connection to senior services near you.

United Way of the Brown County Area, Inc.

301 20th Street South, New Ulm, MN 56073
phone 507-354-6512
website: unitedwaybrowncountyarea.org

In-Home Services

Kut-n-Kruse (toe nail trimming in the comfort of your own home)

LuAnn Kruse
phone: 507-828-3613

Meals/Food Assistance/Grocery Delivery

Area Food Shelves

New Ulm: 507-354-7668
Sleepy Eye: 507-794-7130
Springfield: 507-723-3663
Morgan: 507-249-3822

Nutrition Assistance for Seniors (NAPS)

Monthly commodity boxes
phone: 800-365-0270

Lutheran Social Services - Nutrition Services (Meals on Wheels) **(home-delivered and on-site dining)**

New Ulm 507-359-2243 or 866-985-8515
Comfrey 507-877-2209 (home-delivery only)
Springfield 507-723-3444
Sleepy Eye 507-794-7296
website: lssmn.org/nutrition

Second Harvest Heartland

SNAP outreach specialist
phone: 507-514-3535

Meals/Food Assistance/Grocery Delivery

SNAP-Supplemental Nutrition Assistance Program

Brown County Human Services (SNAP application assistance)

1117 Center Street, New Ulm, MN 56073

phone: 507-359-6500 or 1-800-450-8246

website: co.brown.mn.us

website: feedingamerica.org/SNAP

Gutes Essen Deli & Catering (freezer meals)

Oak Hills Living Center, 1314 8th Street North, New Ulm, MN 56073

Phone: 507-233-0814

Website: gutesessendeliandcatering.com

Homestyle Direct Meals

866-735-0921

website: homestyledirect.com

Mom's Meals (home-delivered meals)

phone: 877-508-6667

website: momsmeals.com

Sister's Home Style Entrees: Home-delivered frozen meals

Phone: 515-332-1928

Website: www.sistersentrees.com

Grocery Delivery

The following grocery stores offer in-town delivery with a charge.

Call store for details.

Cash Wise

Deliveries on Wednesdays

1220 Westridge Road, New Ulm, MN 56073

phone: 507-354-2717

website: cashwise.com

Hy Vee Food Stores

2015 South Broadway, New Ulm, MN 56073

phone: 507-354-8255

website: hy-vee.com

Grocery Delivery

*The following grocery stores offer in-town delivery with a charge.
Call store for details.*

Jim's Market

101 West Central Street, Springfield, MN 56087

phone: 507-723-4175

website: www.jims-market.com

Schutz Family Foods

Deliveries on Thursdays to assisted living facilities

900 Main Street East, Sleepy Eye, MN 56085

phone: 507-794-5211

website: schutzfamilyfoods.com

Medical Equipment & Supply Providers

ActivStyle-Minneapolis

phone: 612-520-9333 or 800-651-6223

website: activstyle.com

Adapt Health Minnesota

Monday-Friday 8am-5pm by appointment only

1601 South Broadway, New Ulm, MN 56073

phone: 507-217-5585, CPAP Supplies: 877-224-1067

website: adapthealth.com/Minnesota/new-ulm

Corner Home Medical

125 North Minnesota Street, New Ulm, MN 56073

phone: 507-228-8100

Carris Health-Redwood Falls

1 Caringway, Redwood Falls, MN 56283

phone: 507-637-2985

website: carrishealth.com

SMILES Assistive Technology and Ramps

Phone: 507-345-7139

Email: hrosten@smilescil.org

Medical Equipment & Supply Providers

DAV Chapter 15

Pre-owned, no cost equipment, Open Wed 9am-12pm
1522 South Valley Street, New Ulm, MN 56073
Phone: 507-276-2338

Handi Medical

1400 Madison Avenue, Suite 618, Mankato, MN 56001
Phone: 507-779-7560

The Ecumen Store

600 South Riverfront Drive, Mankato, MN 56001
Phone: 507-385-8582 or 844-385-8582
Website: ecumenstore.org

Memory Care/Alzheimer's Facility

Prairie Senior Cottages

1304 Birchwood Drive, New Ulm, MN 56073
phone: 507-359-3420
website: prairieseniorcottages.com

Reflections at Ridgeway on German

715 South German Street, New Ulm, MN 56073
phone: 507-354-7400
website: ridgewaynewulm.org

Reflections at Ridgeway on 23rd

720 23rd Street North, New Ulm, MN 56073
phone: 507-354-7000
website: ridgewaynewulm.org

Sleepy Eye Care Center Nursing Facility

1105 3rd Avenue SW, Sleepy Eye, MN 56085
phone: 507-794-7995

St. John Lutheran Home Nursing Facility

201 South County Road 5, Springfield, MN 56087
phone: 507-723-3200
website: www.sjlhome.com

Memory Care/Alzheimer's Facility

Woodstone Senior Living Community

2020 Meyer Drive, New Ulm, MN 56073

phone: 507-359-3355

website: woodstoneseniorliving.com

Mental Health

Catholic Charities Diocese of New Ulm

1421 6th Street North, New Ulm, MN 56073

Phone: 866-670-5163

website: www.dnu.org

South Central Crisis Center

Mankato, MN-Serving 10 county region

24/7 Crisis Line 1-877-399-3040

Eunoia Family Resource Center

1226 South Broadway, New Ulm, MN 56073

Phone: 507-359-2080

website: wellminded.org

Hoffmann Counseling Services

1227 South Broadway, New Ulm, MN 56073

(507) 354-2444

website: www.spccmhc.org

New Ulm Medical Center

1324 5th Street North, New Ulm, MN 56073

phone: 507-217-5168

website: newulmmedicalcenter.com

Sioux Trails Mental Health Center

1407 South State Street, New Ulm, MN 56073

phone: 507-354-3181

website: siouxtrails.org

Plus other private providers

Nursing Homes

Sleepy Eye Care Center

1105 3rd Ave SW, Sleepy Eye, MN 56085
phone: 507-794-7995

St. John Lutheran Home

201 South County Road 5, Springfield, MN 56087
phone: 507-723-3200 website: sjlhome.com

Divine Providence

700 3rd Avenue NW, Sleepy Eye, MN 56085
phone: 507-794-3011
website: divineprovidencehome.org

Oak Hills Living Center

1314 8th Street North, New Ulm, MN 56073
phone: 507-359-2026 website: oakhillsnewulm.com

Personal Care Attendants (PCA Services)

Golden Home Care Plus, Inc.

6 North Minnesota Street, New Ulm, MN 56073
phone: 507-359-2756
website: ghcpinc.com

Pharmacies/Prescription Delivery

Allina Health New Ulm Pharmacy

Free mailing of prescriptions, drive-thru available, no delivery
1324 Fifth North Street, New Ulm, MN 56073
phone: 507-217-5808
website: newulmmedicalcenter.com

Cash Wise

Free in-town delivery 7 days a week and free mailing out-of-town
1220 Westridge Road, New Ulm, MN 56073
phone: 507-354-2511
website: cashwise.com

Pharmacies/Prescription Delivery

Hy Vee Food Stores

Free in-town delivery Mon-Fri and free mailing out-of-town,
drive-thru available

2015 South Broadway, New Ulm, MN 56073

phone: 507-354-9833

website: hy-vee.com

Randy's Family Drug and Gift

Free in-town delivery Mon-Fri evenings

121 First Avenue South, Sleepy Eye, MN 56085

phone: 507-794-3631 after hours call 507-794-3436

Thrifty White Drug

Free in-town delivery Mon-Sat, free mailing out-of-town

18 South Marshall Avenue, Springfield, MN 56087

phone: 507-723-4313

Walgreens

Free mailing of prescriptions, drive-thru available, no delivery

608 North Broadway, New Ulm, MN 56073

phone: 507-359-8793

website: walgreens.com

Walmart

Free mailing of prescriptions only

1720 Westridge Road, New Ulm, MN 56073

phone: 507-354-0900

website: walmart.com

Senior Centers

New Ulm Senior Center

600 North German Street, New Ulm, MN

CAST 507-354-3212

LSS Congregate Dining 507-359-2243

Open to anyone age 60+

New Ulm Senior Center, 600 N. German Street, New Ulm, MN 56073

website: newulmseniors.org

Senior Centers

Sleepy Eye Senior Center

115 2nd Avenue NE, Sleepy Eye, MN 56085

phone: 507-794-5039

LSS Congregate Dining

Open to anyone age 60+

Ross Park Apartments, 313 4th Ave SE, Sleepy Eye, MN 56085

phone: 507-794-7296

Springfield Senior Center-Springfield Community Building

33 South Cass Avenue, Springfield, MN 56087

phone: 507-723-3517

Senior Housing

Highland Regency House

Market rate luxury apartments for 55+

1520 Sunset Avenue, New Ulm, MN 56073

phone: 507-359-2280

website: highlandregencyhouse.com

Realife Cooperative of New Ulm

1224 5th North, New Ulm, MN 56073

phone: 507-354-8080

Lake Villa Maria Apartments

Market rate independent senior living

702 3rd Avenue NW, Sleepy Eye, MN 56085

phone: 507-794-5333

website: divineprovidencehome.org

Riverview Homestead Cooperative of Springfield

Independent senior living age 55+

401 South County Road 5, Springfield, MN 56087

phone: 507-723-5111

Senior Needs Assessment/Rehabilitation Services

Aegis Therapies

1314 8th North Street, New Ulm, MN 56073

phone: 507-354-4142

website: aegistherapies.com

Brown County Human Services

MNChoices Assessment (free health and needs assessment)

1117 Center Street, New Ulm, MN 56073

phone: 507-359-6500 or 1-800 450-8246

website: co.brown.mn.us

Courage Kenny Rehabilitation Institute, New Ulm Medical Center

Driver Safety Assessment, Cognitive Assessment, Balance Assessment,

Home Safety Assessment, Older Adult Exercise , Parkinson Program

For information about the services listed above call 507-217-5173

website: newulmmedicalcenter.com

New Ulm Medical Center

1324 5th Street North, New Ulm, MN 56073

Cardiac Rehabilitation 507-217-5395

Pulmonary Rehabilitation 507-5956

Medication Therapy Management 507-217-5170

website: newulmmedicalcenter.com

Support Groups

**Times and locations subject to change. Call to confirm.*

Bereavement Group - Allina Hospice, New Ulm Medical Center

phone: 507-217-5565 website: newulmmedicalcenter.com

Better Breathers Group-New Ulm Medical Center

Meets on the third Thursday of even numbered months

from 2:00 to 3:30 p.m. 3rd floor auditorium, 1324 5th Street North

phone: 507-217-5128

website: newulmmedicalcenter.com

Emotions Anonymous

Meets Mondays 7:00 pm

100 North Washington Street (River Valley Church Basement)

Support Groups

**Times and locations subject to change. Call to confirm.*

Caregiver Discussion Group

Held the second Wednesday each month at 10:00 a.m.

New Ulm Community Center, 600 North German Street

Sponsored by Lutheran Social Service of Minnesota

Phone: 866-974-0283 website: caregiversupportandrespite.org

Caregiver Support Group

Held the second Tuesday each month at 10:00 a.m and 6:00 p.m.

Sleepy Eye Medical Center, 400 4th Avenue, Sleepy Eye, MN

phone: 507-794-8455

website: <https://semedicalcenter.org/event/caregiver-support-group-2>

Compassionate Friends

1117 Center Street, New Ulm, MN 56073

phone: 507-359-2737 or 507-359-5255

website: compassionatefriends.org

Stroke Support Group

Second Tuesday of each month 10-11 am

New Ulm Medical Center board room

phone: 507-217-5173 ask for Wendy or Liza

National Alliance on Mental Illness (NAMI) Support Group

First and third Thursday of the month, 6:30pm-7:30pm

Brown County Community Services Building, New Ulm Room

1117 Center Street, New Ulm

No registration necessary

Persistent Pain Support Group

First Monday of each month 1:00-3:30 pm

And third Monday of each month 6-7:30 pm

New Ulm Medical Center Board Room

website: allinahealth.org/newulm

Parkinson's Support Group

Second Monday of each month 1:30-2:30 pm

Oak Hills Living Center in the Hillside Haven meeting room

phone: 507-227-1497 or email lindapsc@outlook.com

Telephone Medical Alert System

Adapt Health Minnesota

8am—5pm by appointment only

1601 South Broadway, New Ulm, MN 56073

phone: 507-217-5585

website: adapthelath.com/Minnesota/new-ulm

Dose Health

phone: 844-300-6212

email: info@dosemedical.com

Good Samaritan Society 221 Park Row Street, St. Peter, MN 56082

phone: 507-931-0949 website: good-sam.com

Heartland Security

213 8th Avenue NW, Melrose, MN 56352

phone: 888-264-6380

website: heartlandss.com

PAL Medical - phone: 800-852-6575

QMedic

Phone: 877-241-2244

Website: qmedichealth.com

Nuvera (CareCall)

Phone: 844-354-4111

website: nuvera.net/care-call

Transportation

Brown County Heartland Express

phone: 507-359-2717 or 1-800-707-2717

website: co.brown.mn.us/heartland-expresstransit

Ready to Ride Transportation

Non-emergency medical transportation

217 Maxfield Street, Mankato, MN 56001

Phone: 507-779-7482

Website: rtrmn.com

Transportation

Red's Rides Cab and Shuttle Service

Hours: 5am-2am 7 days/week

300 North Jefferson Street, New Ulm, MN 56073

phone: (507) 508-6680 or (507) 359-7433

Superior Mobility

Non-emergency medical transportation

21 North Cass Avenue, Springfield, MN 56087

Telephone: 507-920-7864 website: superiortm.com

True Transit

phone: 800-560-1575

website: truetransit.org

Visiting Services

LSS Senior Companion Program

phone: 507-530-2295 website: lssmn.org/seniorcorps/

SMILES - Disabled/Senior Companion Program

1618 S. Broadway, New Ulm, MN 56073

phone: 888-676-6498 website: smilescil.org

Volunteering

RSVP Retired Senior Volunteer Program

Volunteer opportunities for seniors

website: <http://www.mnseniorcorps.org/volunteering/how/rsvp.aspx>

phone: 507-387-5586

Americorps Seniors (age 55+)

Phone: 800-942-2677

Website: americorps.gov/serve/amicorps-seniors

United Way of the Brown County Area

phone: 507-354-6512

website: unitedwaybrowncountyarea.org/volunteer-webform

United Way In-House Programs

Free Tax Preparation Program

(507) 276-3186

There are many barriers for the elderly, working poor, and young students in getting their taxes done each year. Time, access or understanding of how the tax system works, and most of all the lack of funds to pay someone to do their taxes are just a few of the barriers facing Brown County residents. Whatever the barrier, United Way of the Brown County Area's FREE Tax Preparation Program is here to help.

Each year, community members volunteer to become IRS Certified Tax Preparers and/or Client Facilitators to help local area citizens. This service is by appointment only. Please call 507-276-3186 to schedule your tax appointment today.

Brown County Day of Caring

(507) 354-6512

The Day of Caring is an annual celebration of community volunteers giving "One Day to Help One Another". Local volunteers are matched with projects to provide "helping hands" for services that people, for different reasons, cannot do themselves. Some non-professional service projects include raking leaves, washing windows, other yard work, small painting projects and more. If you could use an extra hand with an outside project, please contact the United Way office at (507)354-6512.

Program Partners*

Basic Needs / Emergency Services

American Red Cross (612)871-7676

www.redcrossmn.org

Armed forces emergency services, disaster services, bloodmobiles, health & safety services, CPR, first aid.

LSS Financial Counseling (507) 625-8021

www.lssmn.org/debt

Provides financial counseling & education on budgeting, credit, student loan repayment, housing counseling, Debt Management Plans, and more. Services are available for all Brown County residents. Active duty military, family members, and Veterans are welcome.

The Salvation Army 1-800-456-4483

www.salvationarmyusa.org

Provides crisis and emergency assistance to individuals and families at their greatest point of need.

Enriching Lives of Seniors

Community and Seniors Together (CAST)/ CASTLE Lifelong Learning

(507) 354-3212

www.newulmseniors.org

Provides Lifelong Learning Program (CASTLE), Medicare, technology instruction, fitness programs and socialization opportunities.

Lutheran Social Services - Senior Nutrition (507) 359-2243

www.lssmn.org/nutrition

Provides nutritious meals and much needed social contact for individuals age 60 and over.

Lutheran Social Services - Respite Care (800) 488-4146

www.lssmn.org/oa/caregiver/

Helping caregivers provide quality care for their loved ones, while maintaining a healthy, balanced lifestyle.

**For a complete list of all of our Program Partners in the Brown County Area, visit our website www.unitedwaybrowncountyarea.org*

FAQ's (Frequently Asked Questions):

Organizations which can provide answers to frequently asked questions like the examples below can be found in this resource guide.

Q. How do I know if it is time to consider transitioning my parent or other person for whom I am responsible from their home or apartment to assisted living or a nursing home?

A. See page 18, Senior Assessment /Rehabilitation Services.

Q. At what point should one consider signing up or placing a name on a "wait list" for assisted living or a nursing home? And how much do they cost?

A. Call one of the nursing homes listed on page 15.

Q. If a senior's financial means are limited, are there other resources one can consider?

A. See Financial Resources on pages 5 and 6.

Q. My parent has Alzheimer's and it has regressed to the point where it is unsafe for him/her to live at home. What memory care options exist?

A. See pages 13 and 14, Memory Care/Alzheimer's Facility.

Q. What kinds of in-home services exist and what do they cost?

A. See pages 7 and 8, Home Health Agencies

Q. My situation requires me to move immediately into rental housing. How can I find what is available? If I need help with security deposit, who can I contact? Are there subsidized rentals available?

A. See pages 1 through 3, Affordable Housing

Q. I can no longer drive my car to get around. Besides calling a taxi-cab, what alternatives are there?

A. See pages 20 and 21, Transportation

Q. I have noticed that since one of my parents died, the other has become quite depressed, lonely, and not socializing like they used to. What resources exist that might help my parent cope?

A. See page 14, Mental Health



OAK HILLS

LIVING CENTER

**Skilled Nursing Home for Long Term Residents,
Short Term Rehab, Private Pay Assisted Living,
and HUD Housing**

Visit our website or call:

OakHillsnewulm.com / 507-233-0800

**Catering Services available on site by *Gutes Essen*
for meetings, weddings, and large groups**